

Reflection on enhance Activities and Learning (REAL)

Foundation Doctor

Name of Foundation Doctor	
GMC Number	
Training period from	
Training period to	
Local Education Provider	
Specialty	

IMPORTANT NOTE: This form should only be completed if you have taken part in enhance.

This form is specific to the enhance programme – visit the NHS England Learning Hub (<https://learninghub.nhs.uk/catalogue/enhancinggeneralistskills?modelid=4992>) for the full enhance package, and the enhance for the Foundation Programme website (<https://www.hee.nhs.uk/our-work/enhancing-generalist-skills/enhance-foundation-programme>) for information. If you have taken part in enhance, you can evidence your engagement with the enhance programme by completing this optional form.

Which enhance modules have I completed? *

Users can select individual modules or "whole programme".

<input type="checkbox"/>	Module 1: Introductory module
<input type="checkbox"/>	Module 2: Person centred care
<input type="checkbox"/>	Module 3: Complex multi-morbidity
<input type="checkbox"/>	Module 4: Population health
<input type="checkbox"/>	Module 5: Social justice, environmental sustainability, systems working
<input type="checkbox"/>	Module 6: Contextual leadership
<input type="checkbox"/>	Whole enhance programme completed

What kind of experience was this? *

This information will be used for research purposes only. Thank you for providing accurate information, especially if you select the "other" option.

<input type="radio"/>	Case-based Discussion (CBD)
<input type="radio"/>	Quality improvement activity
<input type="radio"/>	Field trip / community visit
<input type="radio"/>	Event attendance
<input type="radio"/>	Other

What capability am I trying to show? *

Pick one or more FPCs demonstrated through this experience. Note that this form will not be automatically mapped to the selected FPC on your curriculum. You will be able to map it to any FPC(s) once you have completed the form.

<input type="checkbox"/>	FPC 1: Clinical Assessment
<input type="checkbox"/>	FPC 2: Clinical Prioritisation
<input type="checkbox"/>	FPC 3: Holistic Planning
<input type="checkbox"/>	FPC 4: Communication and Care
<input type="checkbox"/>	FPC 5: Continuity of Care
<input type="checkbox"/>	FPC 6: Sharing the Vision
<input type="checkbox"/>	FPC 7: Fitness to Practice
<input type="checkbox"/>	FPC 8: Upholding Values
<input type="checkbox"/>	FPC 9: Quality Improvement
<input type="checkbox"/>	FPC 10: Teaching the Teacher
<input type="checkbox"/>	FPC 11: Ethics and Law
<input type="checkbox"/>	FPC 12: Continuing Professional Development
<input type="checkbox"/>	FPC 13: Understanding Medicine

Reflection

What was interesting or notable about this experience? What did I gain from it? What were the challenges? *

What did you learn about yourself and your abilities? How does this relate to your clinical practice and/or the delivery of patient care in your clinical area? *

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What next?

What can I do to build my knowledge or skills further? E.g., planning more practice or experience, move onto something more advanced. *

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Create a SMART action to work towards as part of your PDP. (Specific, Measurable, Achievable, Realistic and Timebound) - Consider discussing this with your supervisor for support. *

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Signatures

Foundation Doctor signature	
Date signed by Foundation Doctor	