Self TAB

Anonymised data may be used for research, audit or evaluation

Foundation doctor

<table>
<thead>
<tr>
<th>Name of Foundation Doctor</th>
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<tr>
<td>GMC No</td>
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<tr>
<td>Training period from</td>
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<td>Training period to</td>
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<td>Local education provider</td>
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<td>Specialty</td>
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Please complete this TAB form about yourself before your next appraisal. This will help your educational supervisor understand any areas of your professional behaviour in which you lack confidence at this stage of your career. Be specific, using comments as necessary, especially if you have any concerns. The self TAB form will also help if there are any areas (blind spots) in your interpersonal work as a doctor which others find a concern, but about which you may be unaware.

Attitude and/or behaviour

Maintaining trust/professional relationship with patients: *

- Listens.
- Is polite and caring.
- Shows respect for patients’ opinions, privacy, dignity, and is unprejudiced.

☐ No Concern
☐ Some Concern
☐ Major Concern

Comments: Anything especially good? **You must specifically comment if you have concerns about your performance or behaviour**
Verbal communication skills: *

- Gives understandable information.
- Speaks good English, at the appropriate level for the patient.

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<thead>
<tr>
<th></th>
<th>No Concern</th>
<th>Some Concern</th>
<th>Major Concern</th>
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Comments: Anything especially good? **You must specifically comment if you have concerns about your performance or behaviour**

Teamworking / working with colleagues: *

- Respects others’ roles, and works constructively in the team.
- Hands over effectively, and communicates well.
- Is unprejudiced, supportive and fair.

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Comments: Anything especially good? **You must specifically comment if you have concerns about your performance or behaviour**
Accessibility: *

- Accessible.
- Takes proper responsibility. Only delegates appropriately.
- Does not shirk duty.
- Responds when called. Arranges cover for absence.

[☐] No Concern
[☐] Some Concern
[☐] Major Concern

Comments: Anything especially good? **You must specifically comment if you have concerns about your performance or behaviour**

Date: 
