

Self TAB

Anonymised data may be used for research, audit or evaluation

Foundation doctor

Name of Foundation Doctor	
GMC No	
Training period from	
Training period to	
Local education provider	
Specialty	

Please complete this TAB form about yourself before your next appraisal. This will help your educational supervisor understand any areas of your professional behaviour in which you lack confidence at this stage of your career. Be specific, using comments as necessary, especially if you have any concerns. The self TAB form will also help if there are any areas (blind spots) in your interpersonal work as a doctor which others find a concern, but about which you may be unaware.

Attitude and/or behaviour

Maintaining trust/professional relationship with patients: *

- Listens.
- Is polite and caring.
- Shows respect for patients' opinions, privacy, dignity, and is unprejudiced.

<input type="checkbox"/>	No Concern
<input type="checkbox"/>	Some Concern
<input type="checkbox"/>	Major Concern

Comments: Anything especially good? **You must specifically comment if you have concerns about your performance or behaviour**

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Verbal communication skills: *

- Gives understandable information.
- Speaks good English, at the appropriate level for the patient.

<input type="checkbox"/>	No Concern
<input type="checkbox"/>	Some Concern
<input type="checkbox"/>	Major Concern

Comments: Anything especially good? **You must specifically comment if you have concerns about your performance or behaviour**

Teamworking / working with colleagues: *

- Respects others' roles, and works constructively in the team.
- Hands over effectively, and communicates well.
- Is unprejudiced, supportive and fair.

<input type="checkbox"/>	No Concern
<input type="checkbox"/>	Some Concern
<input type="checkbox"/>	Major Concern

Comments: Anything especially good? **You must specifically comment if you have concerns about your performance or behaviour**

Accessibility: *

- Accessible.
- Takes proper responsibility. Only delegates appropriately.
- Does not shirk duty.
- Responds when called. Arranges cover for absence.

<input type="checkbox"/>	No Concern
<input type="checkbox"/>	Some Concern
<input type="checkbox"/>	Major Concern

Comments: Anything especially good? **You must specifically comment if you have concerns about your performance or behaviour**

Date: