

Guidance on using the career planning form

To get the most out of your career for yourself as well as your patients you need to learn how to make good career decisions and remain flexible in an ever changing medical world. The UKFPO recognises this and has made careers skills a part of the curriculum for the foundation programme.

This form could be used as your evidence towards the achievement of Section 1 FPC 5 (“Demonstrates engagement in career planning”) and as a framework for careers discussions with your educational supervisor/local careers advisor.

You can choose to keep the form private; however, in order to use it as evidence you need to share it.

If you’re considering spending time outside of a recognised training programme, there are important things to be aware of. We strongly recommend you speak to your local education team and/or careers advisor.

Listed below are some useful online resources.

http://www.healthcareers.nhs.uk/	National website with interactive area and lots of information on health careers
http://www.foundationprogramme.nhs.uk	UK Foundation Programme website
https://specialtytraining.hee.nhs.uk/	UK Medical and Dental Recruitment and Selection website
http://www.gmc-uk.org/doctors/revalidation/12383.asp	GMC Information for doctors in training – FAQs for doctors not in recognised training programmes
https://www.gov.uk/browse/visas-immigration	UK Visas and immigration